

## Reception – Changing me (Jigsaw)

Weekly Celebration	Piece	Learning Intentions	Resources  (Also Jigsaw songs, Jigsaw chime, and Calming Kitty)
<b>Understand that everyone is unique and special</b>	1. My Body	I can name parts of the body	Books: (e.g. 'Look Inside Your Body' by Louie Stowell)
<b>Can express how they feel when change happens</b>	2. Respecting My Body	I can tell you some things I can do and foods I can eat to be healthy	Selection of pictures that show healthy/less healthy activities/food Song – make a good decision
<b>Understand and respect the changes that they see in themselves</b>	3. Growing Up	I understand that we all grow from babies to adults	Jigsaw Song sheet: 'A New Day' Books: (e.g. Tell Me What It's Like To Be Big, by Joyce Dunbar, I Wonder Why Kangaroos Have Pouches, by Jenny Wood) Picture cards showing different developmental stages of life ranging from baby to elderly
<b>Understand and respect the changes that they see in other people</b>	4. Fun and Fears Part 1	I can express how I feel about moving to Year 1	Books: (e.g. The Huge Bag of Worries by Virginia Ironside, I Wonder Why Kangaroos Have Pouches, by Jenny Wood, The Very Hungry Caterpillar, by Eric Carle) Box or bag for worries/looking forward to ideas
<b>Know who to ask for help if they are worried about change</b>	5. Fun and Fears Part 2	I can talk about my worries and/or the things I am looking forward to about being in Year 1	
<b>Are looking forward to change</b>	6. Celebration	I can share my memories of the best bits of this year in Reception	

