



Dragonflies Menu Week Two 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereal with buttered toast/Crumpets (GF Cereal with GF Toast) Gluten free toast/cereal only)	Choice of Cereal with buttered toast/Crumpets (GF Cereal with GF Toast) Gluten free toast/cereal only)	Choice of Cereal with buttered toast/Crumpets (GF Cereal with GF Toast) Gluten free toast/cereal only)	Choice of Cereal with buttered toast/Crumpets (GF Cereal with GF Toast) Gluten free toast/cereal only)	Choice of Cereal with buttered toast/Crumpets (GF Cereal with GF Toast) Gluten free toast/cereal only)
Wrap Snack	Fresh fruit platter	Sliced Banana & Sliced Pear	Sliced Melon with Sliced Apple	Pancakes with Fruit Cocktail	Fresh fruit platter
ASC Snack	Tortilla wrap with Ham/Chicken or Quorn , Cucumber batons & sweetcorn Pineapple chunks & grapes (Gluten Free option provided)	Baked Beans with Bread and butter Sliced Banana (Gluten Free option provided)	Rice cakes with tuna & Vegan Mayo pate, sliced peppers and cucumber batons (Gluten free crackers) Sliced Melon and apple	Buttered Bread roll with tomato soup Pancakes with Fruit Cocktail (Gluten Free option provided)	Toasted Bagel with cheese spread Fresh fruit platter (Gluten Free option provided)

Red= Gluten free diet

Leo -To use Toaster in office for him only plus his allocate plate

WHEN REHEATING FOODS PLEASE PROBE AND DOCUMENT ON RELEVANT FORM